

Custom Workshops and Keynotes

Tailored, single-session experiences designed around your organization's specific leadership or culture goals—available in 90-minute, half-day, or full-day formats.

The following are samples of workshops we have built and delivered for organizations.



**Inside: Out
Leadership**



**Leading from Self
Under Pressure**



**The Communication
Code**



**From Transaction
to Trust**



**The Art of
Collaboration**



**Beyond Burnout:
Developing
Others**

Contact Us: info@piqstrategies.com

Workshop Details

Inside: Out Leadership

Great leadership starts from the inside out. This workshop helps leaders understand their spheres of influence — beginning with self and extending outward to team, organization, and community. Participants explore what it means to become a liberating leader by balancing support and challenge, growing in self-awareness, and learning to lead themselves before trying to lead others.

From Transaction to Trust

Influence is built through relationship, trust, and impact — and limited when leaders become self-protective or transactional. This workshop helps participants identify the behaviors and filters that limit their influence, understand how credibility and connection shape trust, and develop practical action steps for improving real-world interactions.

Leading from Self Under Pressure

Pressure reveals patterns. This workshop helps leaders recognize the reactive postures that emerge under stress, anxiety, criticism, or conflict — and practice staying calm, clear, principled, and connected when others are reactive. Participants learn practical communication principles for leading with greater maturity in high-pressure moments.

The Art of Collaboration

This 5 Voices workshop helps teams understand the different voices, strengths, and contributions people bring to collaborative work. Participants learn each voice's "superpower," how different voices experience team dynamics, and how to bring out the full capacity of others instead of defaulting to the loudest, fastest, or most familiar voices in the room.

The Communication Code

Communication is not just what is transmitted; it is also what is received. Using the Communication Code, this workshop helps leaders and teams understand the five common intentions behind communication — to care, clarify, collaborate, critique, or celebrate — and how mismatches between intention and need can create confusion, frustration, or disconnection.

Beyond Burnout: Developing Others

Burnout is often connected to how leaders carry responsibility for the growth, choices, and functioning of others. Drawing from GiANT's Development Square and theories of human development, this workshop helps leaders move beyond rescuing or over-functioning and toward developing others with greater clarity, maturity, support, and challenge.